

Helena Carreiras

Minister of Defence



Helena Carreiras, PhD in Political and Social Science from the European University Institute in Florence, is the Portuguese Minister of National Defence since March 2022.

She is Associate Professor with tenure at ISCTE - Lisbon University Institute (ISCTE-IUL) and researcher for the Centre for Research and Studies in Sociology (CIES-IUL).

From 2010 to 2012 she was deputy director of the National Defence Institute and from 2016 to 2019 she headed the ISCTE-IUL School of Sociology and Public Policy.

She was also deputy director of the CIES - Sociology Research and Studies Centre (2015) and the IPPS - Institute for Public and Social Policy (2018/2019).

She was the Director of the National Defence Institute from 2019 to 2022.

She is the author or organiser of 14 books, 48 chapters in books and 27 articles in specialist reviews.